Through the Teachings of Our Grandmothers

8:30 am - 9:00 am  
**Welcome and Introductions**

9:30 am - 10:30 am  
**Examining Advocate Readiness**  
This activity will examine participants readiness to become an advocate and identify their own bias’s. They will figure out how to best work with their community and put their own bias’s aside or decide their bias’s are too strong and choose another path other than advocacy.

10:30 am – 10:45 am  
**Break**

10:45 am – 12:00pm  
**Fundamentals of Sexual Assault Advocacy**  
Participants will recognize that all forms of oppression are the root cause of sexual violence in Indian Country. They will make the connections to oppression and how it works to keep tribal nations powerless. Participants will identify how advocacy is a critical component of creating long-term change, and ultimately, wellness for tribal communities.

12:00 pm – 1:30 pm  
**Lunch on your own**
1:30 pm - 3:00 pm  **Core Skills of Advocacy**
Participants will identify six core skills of advocacy when providing services for individual victims/survivors. They will gain confidence as a result of thinking about and practicing core skills learned. Participants will understand how the six core skills of advocacy support the beliefs and principles of advocacy.

3:00 – 3:15  **Break**

3:15 pm – 4:45 pm  **Sexual Assault Advocacy Skills Practice**
Participants will work with a variety of sexual violence scenario’s and have guided questions as to how they will move forward with the victim. Scenario’s will include victims that are LGBTQ2S, have been sex trafficked, disabilities, related, community leaders, recent and past victimizations.

4:30 pm – 5:00 pm  **Wrap Up**
Facilitator will cover additional resources for participants, will have time for questions and answers, and do a self-care writing exercise.